

Central Delaware Endoscopy Unit

Dr. Parag Lodhavia  
Dr. Temitayo Gboluaje  
Afua Owusu-Donkor, PA-C

644 S Queen Street Suite 105  
Dover, De 19904  
302-677-1617

**Preparation Instructions for your Colonoscopy**

**Date:**

**Arrival Time:**

**Procedure Time:**

**\*\*\*IF YOU TAKE GLP-1 AGONIST FOR DIABETES OR WEIGHT LOSS, IT NEEDS TO BE HELD FOR 7 DAYS PRIOR TO YOUR PROCEDURE. IF YOU HAVE ANY QUESTIONS PLEASE CALL 302-677-1617. \*\*\***

It is VERY important that your colon is cleared of all stool before your colonoscopy. This will allow your doctor to see the lining of your colon and look for any abnormalities; such as polyps or growths.

- Take the prescribed **bowel prep** medication that you will get from your pharmacy as directed on the following page.

**Special Diet to follow day prior to procedure:**

You are only allowed to have **CLEAR LIQUIDS THE WHOLE DAY BEFORE** your colonoscopy.

Examples/Suggestions:

- |   |                                     |
|---|-------------------------------------|
| -Lemon-lime or Ginger ale sodas           | - white grape juice                 |
| - Jell-O or popsicles (NOT red or purple) | -coffee or tea (NO creamer or milk) |
| -Apple juice                              | - broth                             |

**What you need to bring the day of the procedure:**

- An adult driver
- Photo Identification
- Health Insurance card
- 3 pages of paperwork filled out (Health Questionnaire attached to this page)

A nurse from the endoscopy unit will call you a few days before your procedure to review your instructions and help you with any questions you may have about your procedure.

**There is to be nothing in your mouth 3 hours before your arrival, no gum, or candy, not even water. Failure to comply may result in cancellation.**

There is a **CANCELATION FEE** of \$75.00 if less than 48-hour notice is given.

